Registration

Opening to Ease / B.I. Yoga Retreat

Saturday September 15, 2018 10:30 am – 4:30 pm

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone (home) \_\_\_\_\_\_\_\_\_\_\_\_\_\_(cell)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency contact \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ Food Allergies \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_ I will bring yoga mat and blanket / throw.

\_\_\_\_ I will bring a meditation cushion/ pillow

• Registration will be confirmed via email upon receipt of registration and fee.

• Please send registration and $120 check payable to Block Island Yoga to Susan Littlefield, 51 Reed St Warwick, RI 02886 or pay online <http://www.blockislandyoga.com/retreatsevents.html>

• A $45 fee will be held if you cancel within 1 week of retreat.

401-465-8525 Email: susan@blockislandyoga.com

Website: www.blockislandyoga.com